Supplementary Table 1. Tornado-related number of fatalities and injuries and property and crop damages (in million US dollars) in the U.S. during 2005-2014, reproduced from the U.S. Natural Hazard Statistics (http://www.nws.noaa.gov/om/hazstats.shtml).

| Year | Fatalities | Injuries | Property & crop damages |
|-------|------------|----------|----------------------------|
| 2005 | 38 | 537 | 503.9 |
| 2006 | 64 | 990 | 759.0 |
| 2007 | 81 | 659 | 1,407.5 |
| 2008 | 126 | 1,714 | 1,865.6 |
| 2009 | 21 | 351 | 584.9 |
| 2010 | 45 | 699 | 1,134.6 |
| 2011 | 553 | 5,483 | 9,493.0 |
| 2012 | 70 | 822 | 1,649.7 |
| 2013 | 55 | 756 | 3,648.7 |
| 2014 | 47 | 641 | 635.7 |
| Total | 1,100 | 12,652 | 21,682.6 |

Supplementary Table 2. List of the four most frequently recurring patterns of ENSO evolution (7 persistent El Niño, 6 early-terminating El Niño, 7 resurgent La Niña and 8 transitioning La Niña cases) identified based on the sign and amplitude of the normalized principal components of El Niño and La Niña variability during 1949 - 2014 [17]. The selected ENSO events have the normalized principal components larger than or equal to 0.5, and are listed by their onset-decay years (that is, year (0) - year (+1)).

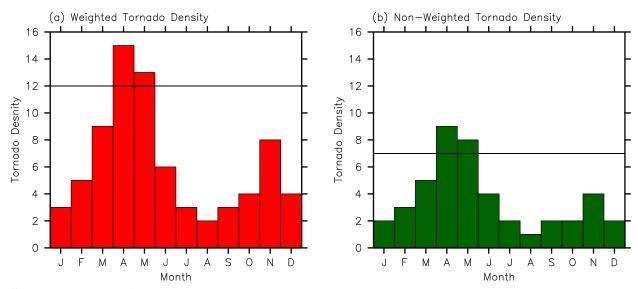
| Persistent El Niño | Early-Terminating | Resurgent La Niña | Transitioning |
|--------------------|--------------------------|-------------------|---------------|
| | El Niño | | La Niña |
| 1957 - 1958 | 1953 - 1954 | 1954 - 1955 | 1950 - 1951 |
| 1968 - 1969 | 1958 - 1959 | 1970 - 1971 | 1956 - 1957 |
| 1982 - 1983 | 1963 - 1964 | 1973 - 1974 | 1964 - 1965 |
| 1986 - 1987 | 1969 - 1970 | 1983 - 1984 | 1971 - 1972 |
| 1991 - 1992 | 1977 - 1978 | 1998 - 1999 | 1975 - 1976 |
| 1997 - 1998 | 1987 - 1988 | 2010 - 2011 | 2000 - 2001 |
| 2002 - 2003 | | 1950 - 1951 | 2005 - 2006 |
| | | | 2011 - 2012 |

Supplementary Table 3. List of 10 most active and 10 least active U.S. tornado years based on the total number of F1-F5 tornados in the U.S. during March-May. The corresponding ENSO phase for each case is also shown. Note that the decaying phase of La Niña in 2008 cannot be described using the leading mode of observed La Niña variability; thus it is referred to as decaying La Niña. Similarly, the decaying phase of El Niño in 2003 is referred to as decaying El Niño as in the case of 1952 and 2005. The transitioning of 1972-1973 El Niño to 1973-1974 La Niña can be described only by the 2nd leading mode of observed El Niño variability; thus it is referred to as transitioning El Niño [17]. The onset of El Niño in 1982 occurred from ENSO neural condition; thus it is referred to as developing El Niño as in cases of 1991 and 2002.

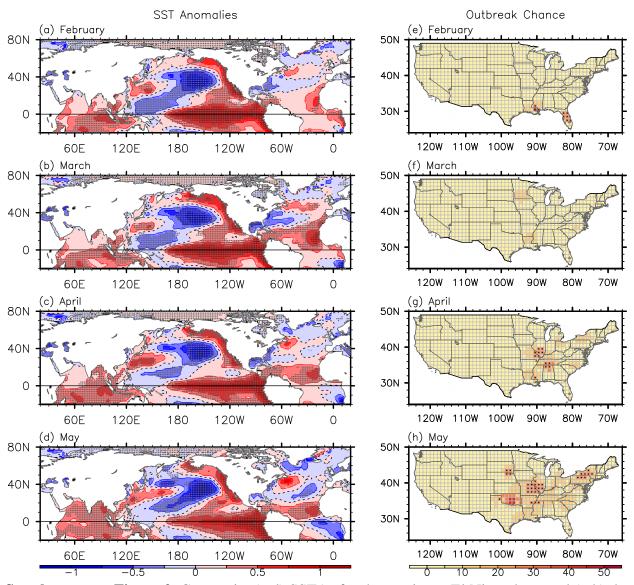
| 10 Most Active U.S. Tornado Years | | 10 Least Active U.S. Tornado Years | |
|-----------------------------------|--------------------|------------------------------------|--------------------|
| Year (Number) | ENSO phases | Year (Number) | ENSO phases |
| 2011 (690) | Resurgent La Niña | 1951 (67) | Transition La Niña |
| 1973 (412) | Transition El Niño | 1987 (80) | Persistent El Niño |
| 1974 (390) | Resurgent La Niña | 1950 (89) | Resurgent La Niña |
| 2008 (359) | Decaying La Niña | 2005 (89) | Decaying El Niño |
| 1982 (342) | Developing El Niño | 1952 (93) | Decaying El Nino |
| 1976 (325) | Transition La Niña | 1992 (102) | Persistent El Niño |
| 1957 (317) | Transition La Niña | 1958 (113) | Persistent El Niño |
| 2003 (306) | Decaying El Niño | 2002 (125) | Developing El Niño |
| 1991 (302) | Developing El Niño | 1993 (129) | ENSO neutral |
| 1965 (301) | Transition La Niña | 1969 (130) | Persistent El Niño |

Supplementary Table 4. List of 16 negative (below lower quartile) and 16 positive (above upper quartile) phases of North Atlantic SST tripole mode in March-May during 1949-2014, derived from the leading EOF mode of the North Atlantic SSTAs in March-May. For each case of the positive and negative phase of North Atlantic SST tripole mode, the corresponding springtime ENSO phase is also listed. Note that the decaying phase of La Niña in 1985 cannot be described using the leading mode of observed La Niña variability; thus it is referred to as decaying La Niña as in the case of 1989. Similarly, the decaying phase of El Niño in 2005 is referred to as decaying El Niño. The transitioning of 2009-2010 El Niño to 2010-2011 La Niña, which can be described only by the 2nd leading mode of observed El Niño variability, is referred to as transitioning El Niño [17]. Similarly, the resurgence of La Niña in 1975 following 1973-1974 and 1973-1974 La Niña events is referred to as 2nd resurgent La Niña. The onset of El Niño in 1986 occurred from ENSO neural condition; thus it is referred to as developing El Niño as in cases of 1991, 1994 and 2009.

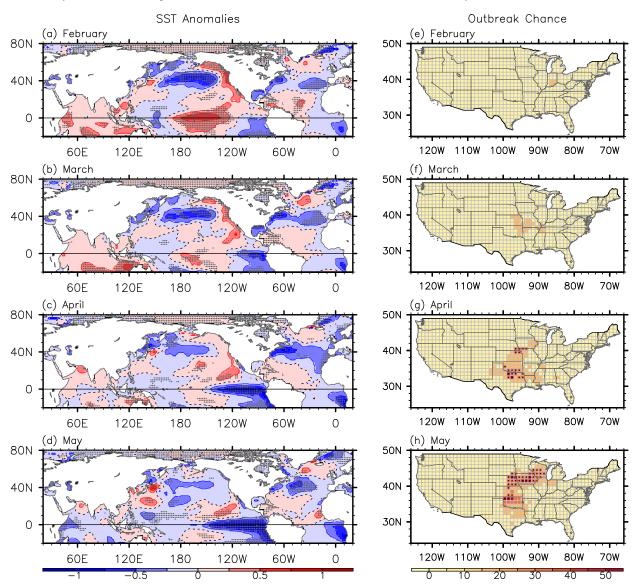
| Negative phase of North Atlantic SST | | Positive phase of North Atlantic SST | |
|--------------------------------------|-----------------------|--------------------------------------|--------------------|
| tripole (March-May) | | tripole (March-May) | |
| Year | ENSO phases | Year | ENSO phases |
| 1950 | Resurgent La Niña | 1951 | Transition La Niña |
| 1957 | Transition La Niña | 1958 | Persistent El Niño |
| 1959 | Early-Term El Niño | 1962 | ENSO neutral |
| 1971 | Resurgent La Niña | 1966 | Decaying El Niño |
| 1972 | Transition La Niña | 1969 | Persistent El Niño |
| 1974 | Resurgent La Niña | 1970 | Early-Term El Niño |
| 1975 | 2nd resurgent La Niña | 1979 | ENSO neutral |
| 1976 | Transition La Niña | 1980 | ENSO neutral |
| 1985 | Decaying La Niña | 1981 | ENSO neutral |
| 1986 | Developing El Niño | 1983 | Persistent El Niño |
| 1989 | Decaying La Niña | 1988 | Early-Term El Niño |
| 1991 | Developing El Niño | 1998 | Persistent El Niño |
| 1994 | Developing El Niño | 2005 | Decaying El Niño |
| 2003 | Persistent El Niño | 2006 | Transition La Niña |
| 2009 | Developing El Niño | 2010 | Transition El Niño |
| 2014 | ENSO neutral | 2013 | ENSO neutral |



Supplementary Figure 1. The 99th percentiles of (a) weighted and (b) non-weighted tornado density values averaged over the central and eastern U.S. region, frequently affected by intense tornadoes (30° - 40°N and 100° - 80°W). The horizontal lines in (a) and (b) indicate the March-May averages of the weighted and non-weighted tornado density values, respectively. The outbreak threshold in this study is set to a uniform value of 12, which is the March-May average of the weighted tornado density values over the central and eastern U.S. region. See section 2 for more details about how these fields are derived.

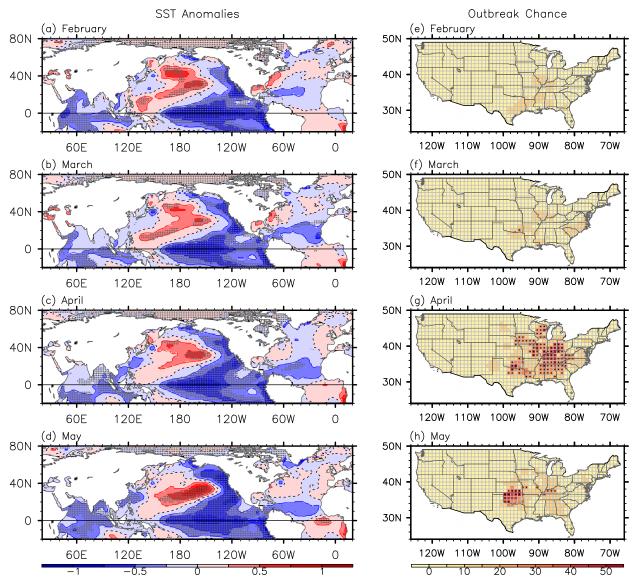


Supplementary Figure 2. Composite (a-d) SSTAs for the persistent El Niño phase and (e-h) the corresponding probability of U.S. regional tornado outbreaks in (top row) February (+1), (upper middle row) March (+1), (lower middle row) April (+1) and (bottom row) May (+1). The gray dots in panels a-d indicate that the SSTAs are statistically significant at the 10% level based on a Student's *t*-test. The black dots in panels e-h indicate that the probability of tornado outbreaks is statistically significant at the 10% level based on a binomial test. The units are in °C for the SSTAs and in % for the probability of tornado outbreaks.

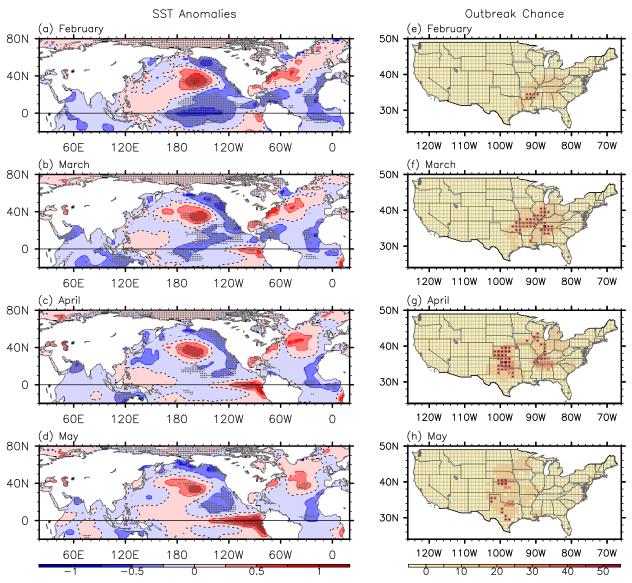


Supplementary Figure 3. Same as supplementary figure 2 except for the early-terminating El Niño phase.

Resurgent La Nina [+1] Year: SSTA and Probability of Tornado Outbreak

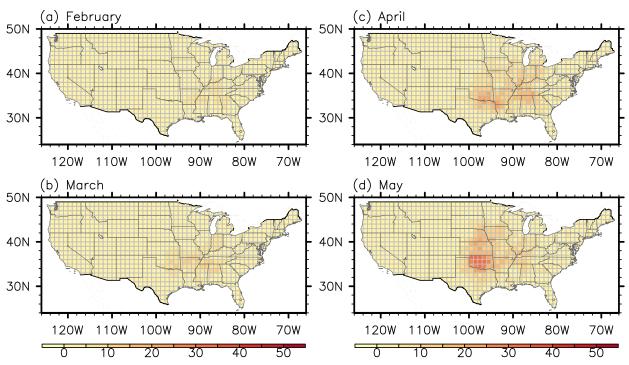


Supplementary Figure 4. Same as supplementary figure 2 except for the resurgent La Niña phase.



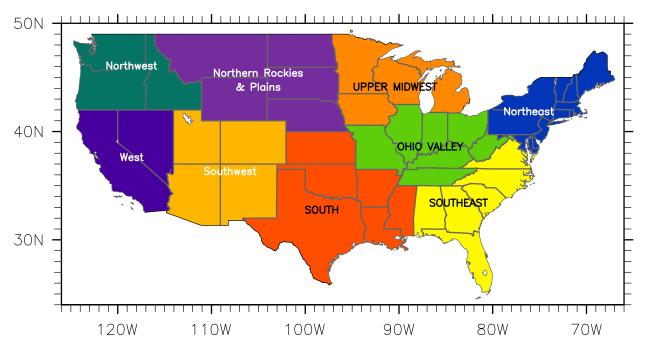
Supplementary Figure 5. Same as supplementary figure 2 except for the transitioning La Niña phase.

Climatology: Probability of Tornado Outbreak



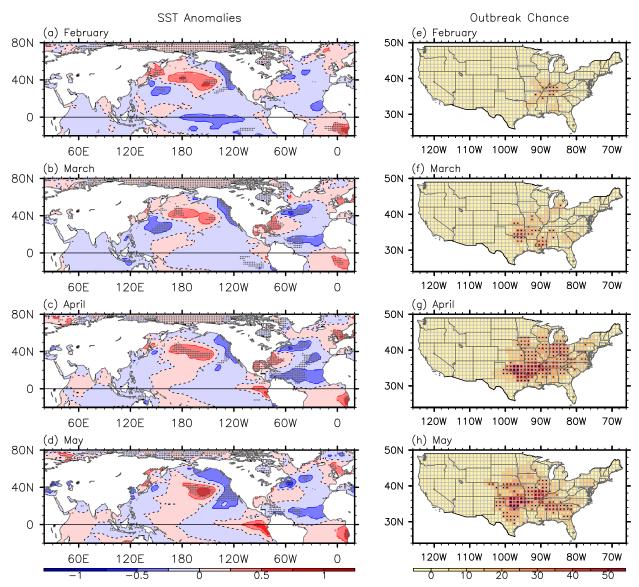
Supplementary Figure 6. Climatological probability of U.S. regional tornado outbreaks in (a) February, (b) March, (c) April and (d) May. The units are in %.

U.S. Climate Regions defined by NCDC



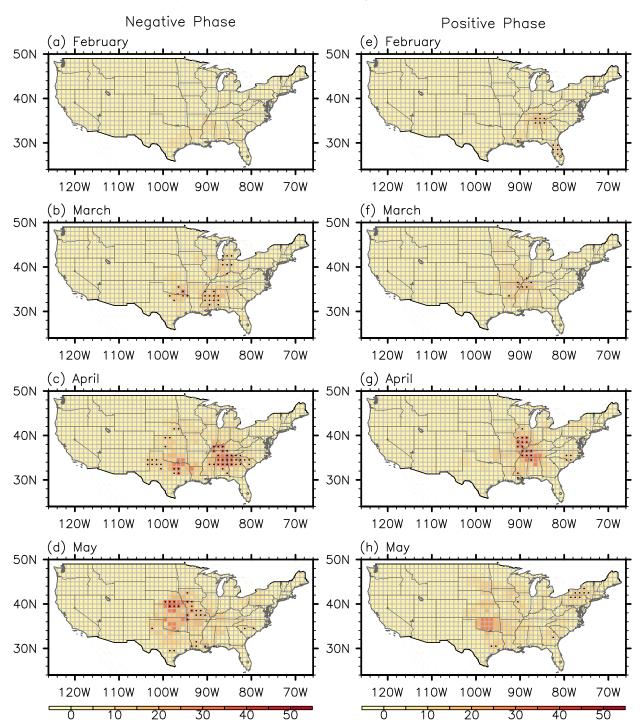
Supplementary Figure 7. U.S. climate regions defined by National Climate Data Center. The four regions, namely the South, Ohio Valley, Southeast and Upper Midwest, are frequently referred in the main text to describe the probability of U.S. regional tornado outbreaks.

Active US Tornado Years: SSTA and Probability of Tornado Outbreak



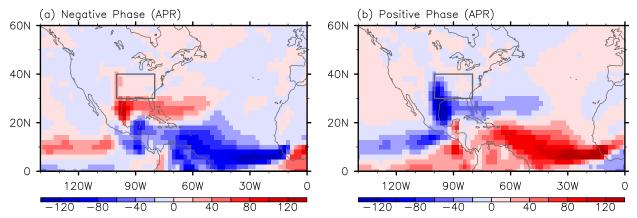
Supplementary Figure 8. Same as supplementary figure 2 except for the 10 most active U.S. tornado years.

NATL Tripole Mode: Probability of Tornado Outbreak



Supplementary Figure 9. Probability of U.S. regional tornado outbreaks for (a-d) the negative and (e-h) positive North Atlantic SST tripole in (top row) February, (upper middle row) March, (lower middle row) April and (bottom row) May. The black dots indicate that the probability of tornado outbreaks is statistically significant at the 10% level based on a binomial test. The units are in %.

NATL Tripole Mode: CAPE Anomalies



Supplementary Figure 10. Anomalous CAPE in April for (a) the negative and (b) positive North Atlantic SST tripole. The units are in J kg⁻¹. The small boxes indicate the central and eastern U.S. region frequently affected by intense tornadoes (30°-40°N, 100°-80°W).